

# COMMUNITY

MAKING BROXTOWE BETTER

**ACTION**

## BROXTOWE PARTNERSHIP'S COMMUNITY NEWSLETTER

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## On a Roll

Broxtowe Borough Council has won a prestigious award for travel planning. The Greater Nottingham Transport Partnership Big Wheel Award was presented to the Council by the Managing Director of Trent FM, Chris Hughes, at a recent meeting of the Commuter Planners Club.

The Award recognises enthusiasm and achievement in encouraging people to use environmentally friendly forms of travel and reduce dependence on the car.

The Big Wheel commissioned Derek Woods to design the Award which is a custom made sculpture in wood and granite. The Commuter Planners Club, which was hosted by the Council in October, is a forum representing sixty organisations across the Nottingham Area



*With the award (from left to right) – Pete Stone (Director of Planning and Community Development), Mark Hidson (Community Development Officer), Mel Brown (Chief Executive) and Cllr Milan Radulovic (Leader of the Council)*

with the aim of raising awareness and sharing best practice on sustainable travel.

The Big Wheel is a new transport network that will cover the Greater Nottingham conurbation, bringing together bus, tram, car, taxi, walking and cycling. The group is backed by the Greater Nottingham Transport Partnership which represents councils and companies across Nottingham.

“Simply by changing our travel habits we can all contribute to making our environment

healthier and our travel more efficient and this is what our travel plan aims to do” said Councillor Milan Radulovic, Leader of Broxtowe Borough Council. “If every car commuter used an alternative to the car on just one day a week, car usage levels for commuting would be reduced by as much as 20% immediately” he added.

Broxtowe Borough Council won the Award despite strong competition from organisations such as Capital One, Ikea, People's College and the Queens Medical Centre.

**For more information on the Travel Plan contact Mark Hidson, Broxtowe Borough Council on 0115 917 3742 or email [markhidson@broxabc.demon.co.uk](mailto:markhidson@broxabc.demon.co.uk)**

# On Your Bike!



An updated version of the 'Cycling in Broxtowe' leaflet has been produced by the Broxtowe Partnership, Broxtowe Borough Council, and the Boots Company. The leaflet shows suggested cycling routes in the borough. Cycling is an economical, virtually pollution and noise free and healthy means of transport, which is being encouraged in order to cut down the number of car journeys.

## Broxtowe Borough Council CYCLING IN BROXTOWE



For a copy of the leaflet contact Amy Nathan, Broxtowe Borough Council on 0115 917 3744.

## Cycling Facts

- Regular cyclists enjoy a fitness level equal to that of a person ten years' younger.
- Physically active people have half the risk of coronary heart disease and up to a third the risk of a stroke compared to inactive people.
- Cycling improves your strength, stamina and aerobic fitness, with little risk of over-exertion. It can also help you shed excess weight by burning body fat.
- Three quarters of all journeys are less than five miles long; half are less than two miles.

## Fields Jubilee Fair

Councillors Maureen Tewson and Alan Buttery attended a fundraising and awareness raising event for the Fields Community Centre in July 2002.

Management committee members took up their places as stallholders on tombola, pluck-a-duck, cakes, raffle and refreshments whilst the face-painter painted over 30 children's faces in the front garden – luckily it was a sunny morning!

Representatives from Radio Nottingham interviewed the chair of the management committee, Jeff McColl, who informed listeners about the community centre and some of its current and future activities.

A total of £76 was raised for the community centre, utilising prizes donated by the Boots Company and IKEA.



*Some of the 30 kids who had their faces painted at the fair*

**For further information about Fields Community Centre or other council community centres, please contact the Directorate of Planning and Community Development on 0115 917 3657.**

## Sure Start – Kick Starts in Broxtowe!

Council wards Eastwood North, South and part of East and Chilwell West are to benefit from the national children's initiative Sure Start. Sure Start is a Government Programme which aims to work with parents and children to promote the physical, intellectual and social development of babies and young children under the age of 4.

The programme will include, outreach and home visiting, support for families and parents, support for good quality play, learning and childcare experiences for children. It will also include primary and community health care with advice about family health and child health and development and support for children and parents with special needs, including help getting access to specialised services. Services around action

on teenage pregnancy, crime prevention and improvements to parents employability can also be developed as part of a 'Sure Start' programme where this is felt appropriate.

Sure Start in the borough of Broxtowe is being led by Broxtowe & Hucknall Primary Care Trust through a steering group of representatives including parents, the Early Years Development and Childcare Partnership, Broxtowe College, Nottinghamshire County Council and Broxtowe Borough Council. The group is a key part of the Broxtowe Partnership.

Sessions to raise awareness about the programme and how people and organisations can get involved are currently ongoing with consultation recently taking place in Eastwood and Chilwell. A delivery plan for Sure Start will be available from April 2003.

**For further details please contact David Gilding at Broxtowe & Hucknall Primary Care Trust on 0115 875 4900.**

# 'Three Chairs' for the South Broxtowe Furniture Scheme

Beeston Volunteer Centre, supported by the Broxtowe Partnership, The Probation Service and the Oasis Christian Centre are co-ordinating a scheme to provide donated furniture to people in the South of the borough who are unable to buy their own.

The service is provided free of charge with furniture being collected

and delivered by a team of four people on Community Service Orders, supervised by a member of staff from the Probation Service. Furniture can be collected and delivered anywhere in South Broxtowe including Attenborough, Beeston, Bramcote, Chilwell and Toton. Examples of furniture collected include beds, wardrobes,

carpets, curtains, bedding, chairs, settees, tables and crockery.

The scheme addresses a number of economic, social and environmental issues within the local community including, providing furniture for people in need, training for people who collect and deliver the furniture and reducing waste going to landfill.

**For more information about the scheme contact Beeston Volunteer Centre on Tuesday or Wednesday between 10am and 12pm or 1pm and 3pm on 0115 917 8080.**

## Stepping Out – Walking for Health

Over fifty people came to the Dora Phillips Hall in Eastwood to hear how walking can improve their health and help them enjoy their local environment. A range of local organisations brought information about walking routes, walking groups, health and environmental issues. Presentations were given on 'The Health Benefits of Walking' and on 'Access to the Countryside'. Those attending

were able to give their own views and ideas on how to encourage more people to walk and a number of people are keen to see local regular walks set up in the North Broxtowe area. These are now being planned by a partnership of local agencies and individuals.

**For more information about Walking for Health, contact Liz Pierce on 0115 875 2098.**

## In Brief



### Broxtowe guided walks

A series of guided walks has been organised by Groundwork Greater Nottingham in partnership with Broxtowe Borough Council and the support of groups and individuals leading the walks.

#### The next walks are:

- 23rd November 2002  
10.00am – 1.00pm at  
Attenborough Nature Reserve
- 1st December 2002  
9.00am – 12.00pm at  
Bennerley Marsh
- 25th January 2003  
10.00am – 1.00pm at  
Attenborough Nature Reserve

For more information about these guided walks please contact Steve Fisher, Broxtowe Borough Council on **0115 917 3634**.

### Project Boost

Ever had an idea for a project but are unsure how to get it off the ground, where to get funding or how to let the whole world know your project is happening?

I am an arts project co-ordinator working and living in Broxtowe and can provide administration and co-ordination including funding and marketing. I can help your group or community realise the project you wish to do.

For more details contact Fran Blackler on **0115 875 7970**.

## The Sweet Taste of Success

The farmers' market is set to continue at Eastwood, thanks to overwhelming support by local residents. Over 4000 people attended the three trial markets from July to September, which was set up by Broxtowe Borough Council, the Broxtowe Partnership and Eastwood Town Centre Management Group, Nottinghamshire Farmers' Association and Safeway.

The market will be held on a regular basis on the car park of the Safeway Superstore, Derby Road, Eastwood on the second Saturday

of the month. Trading at the market starts at 9.00am and continues to 2.00pm.

Farmers' markets provide a new way for local farmers to sell direct to the customer. The market will also generate new business, increase employment and boost trade in nearby shops, while buying food which is fresh, wholesome, sold at a fair price and causing less harm to the environment. All stall holders come from within a thirty-five mile radius of Eastwood – to ensure food is fresh and local.

**If anyone would like further information please contact Mark Hidson, Broxtowe Borough Council on 0115 917 3742 or email: [markhidson@broxabc.co.uk](mailto:markhidson@broxabc.co.uk)**



# New Support Worker

Broxtowe has a new Parent Support Worker, Debs Franks, for Broxtowe Single Homeless Action Group. This group aims to prevent youth homelessness within the Broxtowe district through employing a range of preventative measures.

One of her main roles is to maintain, develop and support existing self-help groups with parents/carers of teenage children across the Broxtowe District. Her role will also include developing information packs and telephone help cards, with parents and other

organisations, on a range of issues and appropriate sources of support for parents. She says "once I am supporting either existing or developed groups for parents I will work to provide courses for the group on identified issues such as drug, alcohol abuse, teenage issues and step-parenting".

Debs has already set up a referral system so parents can telephone her for information on how she can support existing or developing self help groups.



*Debs Franks,  
Parent Support Worker*

*If you would like to find out more about Debs' work please contact her on 0115 949 7790.*

## Bags to Riches

Anna Roebuck is known by her friends as the Bag Lady of Eastwood – she is an artist who started making jewellery, cards, lamps and screens from recycled plastic carrier bags. She says she has always been interested in the concept of recycling and this provides the core inspiration for her work.

Anna cleverly transforms unwanted plastic bags into translucent sheets from which she designs and makes a range of products.

"My contemporary pieces are individually created using recycled plastic and other found elements" she says, "all of my work is made using a technique that I've developed which

utilises plastic bags and their vibrant colours. It crosses different boundaries of art, craft and design



*Anna Roebuck  
The Bag Lady of Eastwood*

since the material is so versatile and lends itself to many applications."

*If you would like to find out more about Anna's work visit her website: [www.bags2riches.co.uk](http://www.bags2riches.co.uk). For more information on recycling issues contact Broxtowe Borough Council on 0115 917 3660.*

## Health Directory

The Eastwood Health Group in partnership with Broxtowe Borough Council are producing a directory of health services in the local area and a booklet or card for the public. The directory will assist professionals in identifying the range of health related services in the Eastwood area as well as any gaps in provision. The booklet or card will help to provide the public with information about how to contact health services in their area.

Eastwood groups that are concerned with health and well-being whether through support of physical and/or mental health needs, self help groups or individual carers are invited to get in touch with details for entry into the directory as soon as possible.

**For more information about being included in the directory, please contact Sarah Andrews, Broxtowe Borough Council on 0115 917 3395.**



The 'Community Action' newsletter is written for the community. We would therefore welcome your comments, ideas and contributions. *Your article could appear in the next issue!* To submit articles or for further information about any of the articles in this newsletter, please contact: Broxtowe Partnership, c/o John Leach, Broxtowe Borough Council, Directorate of Planning and Community Development, Council Offices, Foster Avenue, Beeston, Nottingham NG9 1AB. Tel: 0115 917 3492. Fax: 0115 917 3377. [www.broxtowepartnership.org.uk](http://www.broxtowepartnership.org.uk) Email: [comdev@broxabc.demon.co.uk](mailto:comdev@broxabc.demon.co.uk)

